



# Providing Emotional Support to Veterans

The Homefront Cares

# ▾ Sue Intemann

- Licensed Professional Counselor (LPC)
- Board Certified Biofeedback Fellow (BCB)
- Certified EMDR Therapist
- Certified Clinical Trauma Professional (CCTP)
- Former Military Family Life Health Consultant
- Critical Incident Stress Debriefing



# ▸ Maggie Minsk

- Licensed Professional Counselor (LPC)
- National Certified Counselor (NCC)
- Certified Instructor (CI) with National Guild of Hypnotists (NGH)
- Certified Hypnotherapist (CHt)
- Certified Clinical Military Counselor (CCMC)



# Mary Markovich

- Juris Doctor (JD)
- Masters in Business Administration (MBA)
- Member North Carolina Bar Association
- Accredited Attorney by the Veterans Administration
- Member of the National Organization of Veterans Advocates, Inc.









**We all have our battles....**

**And when all is said and done,**

**trauma (if not PTSD)**

**exists in far too many instances.**

US Dept Veterans Affairs: 558,000 of 16 million Americans who served in World War II alive in 2017  
13,302 in North Carolina 2017



I was.

I am.

I will.

I am a survivor.

(hidden wounds)



# Veterans Benefits



- Disability compensation
- Pension
- Education and Training
- Healthcare
- Home Loans
- Insurance
- Vocational rehabilitation and employment
- Burial

# AID & ATTENDANCE

- Seliger, Susan. (2012) *A Little Known Benefit for Aging Veterans*. New York Times.  
<https://newoldage.blogs.nytimes.com/2012/09/19/few-know-of-benefit-to-help-aging-veterans/>
- Includes compensation for a variety of things
- More \$\$\$ for housebound veterans
- \$\$\$ for **caregivers!**



# Deployment Assistance



- [www.militaryonesource.mil](http://www.militaryonesource.mil)
- 368 page Deployment GUIDE! (PDF format)
- Family Readiness System (**FRS**) – first task assigned: “Mobility and Deployment Assistance”
- Pre- During- and Post-Deployment Briefs



# Pre-deployment



- Becoming a New Father While You're Deployed
- Building the Resilience of Your Military Family
- Choosing a Caregiver for Your Child While You're Deployed
- Creating and Maintaining Critical Family Documents
- Dealing with Multiple Roles When You're a Deployed Parent
- Department of Defense Identification Cards
- Deployment Readiness
- Deployment on the Heels of a Relocation
- Documents for a Deployed Service Member's Designated Family Member
- Having a Baby When your Spouse or Partner is Deployed
- Helping Children with Goodbyes and Coping with Separation
- Helping School-Age Children Deal with Your Deployment
- Helping Your Preschooler Deal with Your Deployment
- How Service Members Can Stay Fiscally Fit During Deployment
- Legal Documents You Should Have Before You Deploy
- Parenting a Child with Special Needs When Your Spouse Is Deployed



▸ MOST HELPFUL?

**NORMAL!!!**



# Certified Clinical Military Counselor CCMC



**PIRATE NATION** 



**FOUNDED WARRIOR  
PROJECT<sup>®</sup>**

- Carmen Russoniello







**741-741**  
**Crisis Text Line**